

# MID-CITY SAMACHAR

## February Edition of Health & Happiness

### Note from President

Dear Mid-City Family

February, the second month of the year, holds a unique place in our Calendars. In our club February is not just a shortest month of the calendar but also very eventful month as we organize official club visit and celebrate charter night. Hold on, there is something more, coincidentally vibrant year president i.e. me also celebrate his birthday in February. Lot of coincidence and opportunity to celebrate 😊



February month has special place in the year due some of its uniqueness. Generally for GenZ and millennials this is the month of love as they celebrate valentine's day and rose day but for the baby boomers and previous generation rather I will call traditionally in India this is the month of welcoming Basant Panchami – Arrival of spring season , the season we start with worshipping goddess of knowledge – Devi Saraswati. The dates of festivities may vary sometime due to different calendars we follow but February remain the center always. During my childhood days Saraswati Puja was special because my mother ensures that we do proper pooja at home and then in school (off course less study more pray) and we get to eat lot of sweets after fasting. Let me share a secret with you, my curiosity toward gods /idols started from goddess Saraswati only – how potter got her picture to make replica, how she acquired so much knowledge and how she is going to pass the knowledge to me combined with multiple stories from mother. I was in total love till realization came that why we celebrate this festival: We celebrate/worship knowledge formed into a human idols so that it stick to our mind With each passing day and the values never cease to exit even after childhood days gets over and we find new idols to worship. A clever psychological method invented by ancestors for lasting impact on human soul. Bravo.

सरस्वति नमस्तुभ्यं वरदे कामरूपिणि ।  
विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥

For RCBMC too February is special. On 19<sup>th</sup> Feb we organized OCV where DG Chetan and district team spend time with us, appreciated our work and shared their experience. On same day we also celebrated charter and felicitated our only charter member Rtn Pankaj Shah. We are thankful for his presence. It was also a proud moment that our club felicitated 3 vocational awardee who excel in their field be it serving to old & homeless, inspiring athlete or training girls for their empowerment. We welcomed 3 new members in the club and recognized donors for their enormous and generous donations. Our board declared our future big projects through CSR and GG which would not have been possible without all members support. With blessing from Devi Saraswati I must acknowledge that we really done well in our examination as club and demonstrated that we not only prepared to pass but to excel. Thank you to all my team member and mid city for support in OCV. Happy reading

Yours  
Ajay Mishra

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### OFFICIAL CLUB VISIT

RCBMC OCV held on 19<sup>th</sup> Feb 2025. It was a wonderful interaction with DG Chetan and District team. We have shared our work for last 7 months and plans for the coming 4-5 months. DG Chetan and AG Radhika shared their experience on the functionality of club.



Sharing our work :

- 86 projects
- Project value Rs. 3.00 Cr plus
- 4 global grants and CSR project in pipeline



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DG and team Interacted with Interact Team:

- Some of the best moments we shared with each other including
  - Rotal Participation with winner trophies
  - Republic day and Independence day celebration
  - Awareness toward plastic recycling and stationery distribution



Interaction with RCC Team :

- 12 projects
- 456 people impacted
- 6 sewing machine donation
- Focus on education



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### Vocational Awards

➤ We recognised 3 personality for vocational awards

1. Smt Sangeeta R Bhagwat: Social Worker , 20+ years dedicated life providing moral and emotional support to senior citizens. Caring for elderly and dependents, providing shelter and counselling to destitute women
2. Shri Sanjay Dharewa: In Appreciation for inspiring young generation about Health & Fitness, leading from front by running ultra marathons, Running 3 institute for old age people
3. Shri Sushil Manohar Shishupal : PHD in Accupuncture, Trained Martial Arts & Self Defence Trainer, In Appreciation for training more than 33000 girls in self-defence and building mental strength since 2018.



### Charter Night

Celebrated charter night with our only charter member Rtn Pankaj Shah. Our club felicitated him with Madhubani painted shawl and token gifts.



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### Induction of New Members

1. Deepak Nihalani- B.E. (Comp Science)
2. Vedika Nihalani - MSc (Mathematics)
3. Karan Silori – Yoga Guru



### Recognitions of our Donors/Partners

- To our Esteemed and generous members/Donors
- To our CSR partners
- To our GG partners

Club will be eternal grateful for their contribution in the Vibrant Year



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### VISIT TO HRCC

We also did some social interaction and visited HRCC hospitals to meet and interact with pediatric patients. Our club supported the cause by donating 175000/- for treatment to the needy. A never seen experience for me



It was mix of emotional and happy moment .. mothers were happy that child is saved but sight of children fixed with tubes , underaged and malnutrition was drenching sight. Would like to thank Mahesh Sanghvi ji for taking the initiative of contributing to the cause. God bless.

### LAPTOP DONATION



A laptop has been donated to Adarsh Nagar Night School, worli for day to day and administration work.



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### PLASTIC NEUTRAL SOCIETY CORNER



With support from nature Plast LLP, also a manufacturer of plastic furniture donated 5 benches for Balasaheb garden udyan MCGM for one of our garden project “plastic neutral society corner”. These benches are made from 100% recycled plastics. Community will not only use it but also get aware of the recycling. Benches are very smooth and good quality.

### BLOOD DONATION



Blood donation drive conducted at CSMT railway station. 33 student volunteers from Vidylankar School of information technology did canvassing and supported for the entire drive.

Total blood collection 111 units of blood.

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### Mid-Day Meal for Talasari Adivasi School

RCBMC continues to support Adivasi School of Zari Village, talasari for their Mid-day meal requirement and donated entire January month meal cost for 330 students. The project is led by Rtn Mmona Sheth and Jjayesh Sheth. Special thanks to the donor Rtn Mala Swarup, Rtn Mahesh Bilimoria, Rtn Pravin Sarvaiya for generous donation for the project.



### BIRTHDAYS & ANNIVERSARY

RCBMC celebrated the birthdays & Anniversary of its family members.

#### BIRTHDAYS

1. Rtn Ajay Mishra– 5<sup>th</sup> Feb
2. Smt Amisha ji – 10<sup>th</sup> Feb
3. Rtn Sunita Gupta – 17<sup>th</sup> Feb
4. Rtn Bharat Shah -25<sup>th</sup> Feb
5. Smt Nargis ji – 26<sup>th</sup> Feb
6. Mr. Pankaj Agarwal -27<sup>th</sup> Feb

#### ANNIVERSARIES

1. Rtn Sunita & Pravin Gupta -4<sup>th</sup> Feb
2. Rtn Mala & Sanjeev Swarup -16<sup>th</sup> feb
3. Rtn Dr Nagendra & Dr Sonalee -17<sup>th</sup> feb



Best Wishes from Club  
**THANK YOU**